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Kurhaus Alpenblick

Air Tasting menu

Climatic air & mountain health station
at 1654 meters above sea level

Daily air degustations
on the hotel terrace
from 30 August to 2 September 2022
conducted by Alex Grünenfelder

On the sunny mountainside,

at the foot of the proud Signinagruppe, the old, cozy wooden houses of the mountain village of Tenna look dreamily out into the wide countryside. Strengthening, refreshing air sweeps over the forests and alpine meadows. Those in need of rest, those seeking relaxation who settle down for a longer or shorter stay in the cozy Kurhaus Alpenblick will be graced by this bounty.

1911.

Apero

Cumulus clouds cling to the mountain peaks under a blue sky streaked with feathery white cirrus.

Vorspeise / Appetizer

Sunlight angles into the valley through a thin bluish mist.

Hauptspeise / Main Course

This light tepid morning air flows down the valley in a gentle southerly wind with the smooth texture of clear stream water, occasionally met by a northerly mountain breeze to produce mild circling gyres on the terrace.

Five aromas blend into a shifting green accord: a recurring flavour of cut grass, a muted scent of pasture warmed by the sun, rich drafts of sweet fresh hay, subtle wafts of wildflowers, and occasionally a light stemmy foliage that is slightly astringent.

Beilagen / Side Dishes

Intermittently a faint perfume of warm weathered wood.

Dessert

A light undertone of dry clay and gravel

17:45–18:00, 1 September 2022

Apero

Swathes of white cumulus clouds hang motionless in a pale blue sky.

Vorspeise / Appetizer

The valley is flooded with a golden haze.

Hauptspeise / Main Course

This watery early-evening air descends from the mountain in a brisk northwesterly draft, flowing over the terrace with the flavour and texture of a cold mountain stream, complemented by occasional aromas of warm weathered wood, and pungent drying hay—sweet, slightly fermented.

Beilagen / Side Dishes

A muted scent of earthy manure briefly builds and then fades away. Brief smokey fragrance of a wood fire. Short waft of bullion broth.

Dessert

A hint of fresh green conifer needles.

11:55–12:15, 31 August, 2022

Vorspeise / Appetizer

A cloud engulfs the village, dissolving the landscape into luminous white.

Hauptspeise / Main Course

This tepid noon air has a soft liquid texture. Chilly currents of mist swirl around the hotel, flavored with tastes of a clear icy stream, gentle granite minerality, faint notes of sand, and a trace of fresh sweet florals.

Beilagen / Side Dishes

An oaky scent of weather wood radiates from the hotel's facade. Subtle undertone of dewy pasture. Sharp waft of cut grass.

Dessert

Puff of tobacco smoke.

22:30–23:00, 30 August, 2022

Vorspeise / Appetizer

The black mountains are outlined by a pale glow in the north and east. To the south the sky and valley are unified in a total darkness broken only by a single point of light.

Hauptspeise / Main Course

This tepid night air has a fluid watery texture scented with sweet mild manure. A soft chilly current from the south produces a slightly herbaceous fragrance of dewy pasture. Bright aromas of cut grass blend with the dung to create an oddly floral impression.

Dessert

Muted tones of oaky weathered wood and gentle resinous conifer are eventually revealed.

12:20–12:45, 30 August, 2022

Apero

The mountains recede into a gauzy bluish haze.

Vorspeise / Appetizer

Thick cottony cumulus clouds float low, almost within reach, under a blue sky traversed by broad channels of wispy white stratocirrus.

Hauptspeise / Main Course

This noon air settles around the hotel in soft warm pools. A light breeze meanders northward up the valley, occasionally sweeping over the terrace with a flavour of clear stream water.

Beilagen / Side Dishes

A shifting green accord of warm leafy grasses, faint herbs (mostly thyme), deep chlorophyll wafts of cut grass, and gentle notes of stemmy astringent foliage. A subtle oaky background scent of warm weathered wood, dry earth, and stone minerality becomes apparent. Occasional light whiffs of manure.

Dessert

A brief taste of smoke and charred wood.